

Manipur State Indigenous Wrestling Championship 2022 begins



IT News
Senapati, Nov:

As part of the Sangai Festival celebration, the Manipur State Indigenous Wrestling Championship 2022 begins today Senapati Mini Stadium. It was organised by Senapati District Wrestling Association Manipur (SDWAM) and hosted by Makhrelui Village.

The programme began with a blessing from K.N. Namba, Chief of Maram Khullen and unfurling the flags from the Chief Guest.

Speaking on the chief guest speech, L. Susindro Meitei, Minister PHED & CAF & PD, Manipur stated that Sangai festival which was celebrated in the Imphal area has now become a state wide celebration with the collaboration of various events like today's State Indigenous wrestling and others. Looking toward the tourism promotion and smooth running of the governance in the State he appealed the civil society's organisation to work together hand in hand government. He also wished all the participants of wrestling to play with full

discipline. In the functional president speech, Thangjam Arun Kumar, MLA 15- Wangkhei A/C also President Mukna Association said that the indigenous games of wrestling is very popular in the State since time immemorial both in the hill and valley areas. He also said that indigenous wrestling is helpful for building physique of an individual participating like Judo and international wrestling though some differences of techniques. In the coming days, he looked for bigger participants and more organised in the State level.

discipline.

It may be mentioned that 60 persons will be participated in the events out of which 2 categories of above and below 65Kg will be played till 26th of this month.

The programme is attended by various Civil Society Organisations, village chairmen and secretaries, former wrestling champions from District were among the others.

132nd commemoration function of 23 Exiled Manipuri heroes held



IT News
Imphal, Nov 23:

The 132nd Commemorative function of the 23 Manipuri exiled heroes, including Maharaja Kullachandra at Andaman Islands in 1891 was held at BT Park Southern Side organised

by Forum For Protection of Heritage of 23 Unsung Hero, Andaman Chapter, 1891. Maharaja Kullachandra and others were boarded by a ship called S.S. Shahjahan and reached Andaman Islands on 23/11/1891.

During the function, a book name "Andaman Da Loi

Thakhiba Athouba 23" authored by Kakchingtabam Gunachandra Sharma was also released. The function was attended by the Rajia Sabha MP Maharaja Sanajaoba Leisemba, RD& PR Minister Yumnam Khemchand, and descendants of the 23 exiled heroes.

Moreh Battalion Assam Rifles apprehended PREPAK cadre

IT News
Imphal, Nov 23:

Moreh Battalion Assam Rifles under the aegis of Headquarter Inspector General Assam Rifles (South) apprehended an active PREPAK cadre yesterday in general area Moreh Bus Stand.

Based on specific input, A joint ops was launched with Manipur Police Commando. A suspected individual was intercepted at Moreh Bus Stand who came from Imphal. On spot interrogation by the joint team, it was revealed that the apprehended individuals were an active PREPAK cadre and was a further plg to cross Indo Myanmar Border to move into Myanmar.



The apprehended cadre along with recoveries handed over to Moreh Police Station for further investigation.

Meanwhile, Moreh Battalion Assam Rifles under the aegis of Headquarter Inspector General Assam Rifles (South) foiled cross border smuggling of narcotics at Mobile Vehicle Check Post, Phungchong Village - New Moreh (Manipur)

Today. Based on specific input regarding move of drug dealer along with contraband drugs, a Mobile Vehicle Check Post was established in Phungchong Village - New Moreh, Manipur, which intercepted a suspected Auto Rickshaw. On detailed search of the Auto Rickshaw, 05 x Sacks (118Kgs) containing suspected Pseudoephedrine tablets which is precursor & main ingredient used to make methamphetamine and is a controlled substance. The cost of 118 kilograms of Pseudoephedrine is Rs 118 crores in international Market.

today.

The recovered items were handed over to Moreh Police Station for further investigation.

IT News
Imphal, Nov 23:

During the past decade, Aadhaar number has emerged as a proof of identity of residents in India. Aadhaar number is being used for availing several government schemes and services.

In order to avail these schemes and services, residents are encouraged to keep the Aadhaar data updated with the latest personal details so that there is no inconvenience in Aadhaar authentication/verification.

Residents who had got

their Aadhaar issued 10 years ago, and have never updated after that in these years, such Aadhaar number holders are requested to get the documents updated.

Keeping the documents in Aadhaar updated helps in ease of living, better service delivery, and enables accurate authentication. UIDAI has always encouraged residents to keep their documents updated.

Accordingly, the Unique Identification Authority of India (UIDAI) has provided the facility of document update to the residents, through which the Aadhaar number holders can update

the Proof of Identity (POI) and Proof of Address (POA) documents in their Aadhaar.

This facility can be availed online through 'my aadhaar' portal (<https://myaadhaar.uidai.gov.in/>) by paying a fee of Rs. 25 or by visiting any nearest Aadhaar enrolment centre by paying a fee of Rs. 50.

To find out the list of supporting documents, residents are encouraged to visit <https://uidai.gov.in/images/commands/ListofAcceptabledocumentsJuly2022.pdf>. To locate your nearest centre, visit: <https://appointments.uidai.gov.in/easearch.aspx>.

Govt agencies Right to intrusion into privacy remains in Draft Data Protection Bill

By Arun Kumar Shrivastav
New Delhi, Nov 23:

The right to privacy in the time of the internet boom is difficult to enforce. But governments around the world are working to reverse this and restore control in the hands of users. Between tech companies and governments, there is a rush to take control of the huge amount of data being generated. It's said that data is the new gold, the new oil. It is the foundation of the new economy. Given this, the new data protection bill being considered by the Indian government is attracting a great deal of attention from the relevant circles.

The Ministry of Electronics & Information Technology (MEITY) has released a draft of "The Digital Personal Data Protection Bill 2022" and has

sought suggestions and comments from Indian citizens till December 17. "The Digital Personal Data Protection Bill is a legislation that frames out the rights and duties of the citizen (Digital Nagrik) on one hand and the obligations to use collected data lawfully of the Data Fiduciary on the other hand," MEITY said in a statement while introducing the bill.

The personal data protection bill 2019 which the government withdrew in early 2022 generated a lot of interest and conflicting viewpoints from industry stakeholders and policy experts. While withdrawing the bill, the government promised a revised and updated bill soon.

Personal data has been a sensitive issue. Big tech companies are collecting and storing huge amounts of personal

data and leveraging it for their growth. Data principals (users whose data is being used) and the governments have not been quite comfortable with this state of affairs. They are particularly upset with the prospect of these companies selling personal data to third parties. In recent Indian elections, it came to notice that some political parties used foreign-based big data analytics companies. They were able to provide caste, age, income, and gender-based analytics to be used by political parties for electoral advantages.

What is worrisome in these cases is that the data principals do not know how their personal information is being traded and used. For the government, it's equally embarrassing that it has no control over how personal data from

the country is getting stored in servers outside India and owned by big tech companies who make billions of dollars by trading the data.

To set the anomalies right, the government moved to enact personal data legislation through a bill in 2019 that ended with the government withdrawing it early this year. The reason why the government withdrew the bill was the enormous amount of changes suggested to the original bill by the joint parliamentary committee. The bill was originally mooted in 2018 and introduced in parliament in 2019. Amid protests from the opposition, it was sent to a joint parliamentary committee to consider all the viewpoints and recommend suitable changes.

In the previous personal data protection bill, the gov-

ernment had brought data generated by both online and offline methods under the ambit of the bill. The new bill excludes manual data collection from its purview. That makes The Digital Personal Data Protection Bill 2022 deal with only digital data. It's now geared toward identifying issues related to the digital identity of a person and addressing its safety, privacy, and control.

In the earlier attempt, the government had proposed a strict mechanism to ensure that personal and sensitive data are stored in the servers within the country. Tech companies had protested this restriction and argued that logistically it was unfeasible. It also sounded offbeat for Indian startups who were dealing with similar data from overseas clients. In the latest bill,

the government has eased this provision and proposed to allow a cross-border flow of data to "trusted" jurisdictions. Companies of significant size are also required to appoint data protection officers and data auditors to ensure compliance with the law.

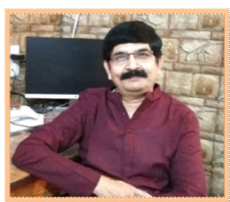
For the storage of sensitive data that pertained to the country's sovereignty, security, and integrity within the country, tech companies had practically no objections.

Another aspect of the previous bill that caused a great deal of resentment, particularly among media persons and rights activists was the exemptions being given to government agencies. They were supposed to have free access to personal data as a breach of protections provisions were covered by legal exemptions provided in the bill. By and

large, this provision continues in the new bill but instead of the all-powerful Data Protection Authority, the new bill allows the central government to set up Data Protection Board. It will also have the authority to mandate government agencies to access personal data and provide exemptions to them or a company or a friendly nation.

Data fiduciaries who breach the provisions under the digital personal data protection bill will be liable for graded punishment ranging from Rs 50 crore to Rs 500 crore. Consumers who file false complaints can be fined up to Rs 10,000. The number of clauses in the current bill has been brought down from 90 to 30 which promises a more simplified interpretation and enforcement of data protection law. (IPAService)

How we can lighten the burden of School bags ?



By: Vinod Chandrashekhar Dixit

We have been constantly reminding schools about the weight the children have to carry. The heavy load of books carried by children is painstaking, especially when they have to travel in crowded buses. It is sad to see the children bending forward with heavy loads on their backs and struggling to get into the buses and vans. It is imperative to lighten the school bags. Instead of splitting the books for terms, it is better to reduce the volume of books for each year and to optimise the subjects taught in a day.

Of the seven periods in a day, a maximum of four subjects should be taught so that the students need carry only these books. Teachers should be capable of teaching lessons without textbooks, especially subjects such as sciences. However, for language learning, textbooks are essential and not always avoidable. The key to the problem is to reduce the number of subjects requiring textbooks, on a daily basis, to the bare minimum than to split up the books, term-wise.

Likewise, the notes can be written in a rough book and the same can be copied into the fair book at home. This system will help in better learning and reduce the burden of school bags. It is difficult for the schoolchildren to carry heavy bags as they lean forward while walking because of the weight. The parents and students were finding things tough with the increasing weight of school bags. For, it causes both physical and mental strain to students. A term-one textbook scheme for the primary classes and single textbook, including all the subjects for a term for higher classes, will relieve the students of the burden of carrying heavy bags. The baggage disproportionate to the body weight of the students poses grave health problems to them. It is crucial to make students carry such unbearable weight.

Even some teachers fail to understand why parents carry the bag of the children all the way to school. Since each child has around six subjects to study, it will be helpful if just three subjects are taught on a particular day alternatively to break the monotony. The next day the remaining three subjects can be taken up.

The following suggestions may be considered in schools: reduction in the size and number of textbooks, keeping one set of textbooks at school and one set at home, arranging drinking water facility in each class room, bringing all students under the noon meal programme, arranging transport facility, reduction in the number of periods, compelling students to depend on notes given by teachers to avoid use of guide books, reduction in the syllabus, encouraging effective instructions at school and discouraging tuition system.

We are too late to make a move to lessen the daily burden of our children. It would be better if study tools were kept at school. All activities of learning must be completed at school. At home, the children should get complete relaxation. Now our children have no time to relax. After and before school time, they are rushing to the tuition centre. This busy, stressful childhood affects their behaviour and personality.

The number of subjects for each day should be limited. Filing system that allows the students to write on foolscap paper should be adopted instead of notebooks. This will reduce the weight of the bags.

Homework cannot be done away with and it is not practical to maintain two sets of textbooks. A major portion of the study is done at home. This is the age of electronic application and IT revolution. CDs can be used to aid teaching. As far as primary classes are concerned, textbooks may be duplicated and a common workbook system introduced. This can be implemented from the upper primary level. Politicians and bureaucrats should do something more than the usual lip service.

Students may write their notes on the paper and file them in folders at home. Similarly, they may write down their homework on sheets of paper and bring them to class. They can show these folders to their teachers periodically and get them signed too. The proposal to divide each textbook into three volumes is a welcome idea.

Parental pressure, criticism and stiff competition are making life difficult for children. School authorities should provide pure drinking water. The timetable should be reorganised to reduce the number of subjects taught a day. It would be helpful if the number of papers were reduced from the present 13 to seven. Unbreakable slates should be introduced in nursery and primary classes. For higher classes, students should maintain separate folders for each subject instead of notebooks. They need to bring only loose sheets to the class to take down notes, which can be filed in the respective folders.

Stubble Burning Solution

By: Sanjenbam Jugeshwor Singh

preferred by cattle due to its high palatability.

Among the potential greenhouse gases produced by burning crop residues are methane, carbon monoxide, nitrous oxide, and other hydrocarbons, which are chemically and radioactively dangerous. This causes damage to the ozone and environmental pollution. It is estimated that rice straw burning releases carbon (C) as CO₂ (70%), CO (7%) and CH₄ (0.66%) while nitrogen (N) is released as N₂O (2.09%). Furthermore, burning agricultural waste also emits a great deal of particulate matter, which contains a large number of organic and inorganic organisms. Biomass smoke contains a variety of known or suspected carcinogens that can cause lung diseases when they are inhaled in large quantities. Pollutants, after being released into the atmosphere, disperse in the surrounding areas, undergo physical and chemical transformations, and eventually adversely affect human health. Human well-being is directly impacted by stubble burning. The reason for this is that all the toxic gases and heavy metals released by residue burning act as slow poisons in the human body. Studies have found that air pollution increases the risk of health problems in pregnant women, infants, the elderly, and people with a history of illnesses. The exposure of humans to these potentially hazardous gases has been associated with a wide range of respiratory, cardiovascular, neurological, skin and optical diseases. The loss of soil nutrients occurs as a result of straw burning. In general, burning of one ton of rice straw will result in losses of 400 kilograms of organic carbon, 5.5 kilograms of nitrogen, 2.3 kilograms of phosphorus, 25 kilograms of potash, and 1.2 kilograms of sulfur. In addition, the heat generated by paddy straw burning kills useful microbes in the soil. Thus, burning straw negatively affects soil fertility and health. Burning of stubble in Punjab, Rajasthan and Haryana causes a thick blanket of smog that poses not only a serious health risk to the population of Delhi and surrounding areas during winter but also visibility problems. Transport problems are caused by the smoke screen that results after burning. Every day, numerous accidents result in the loss of valuable lives and wealth. The burning of straw destroys trees and plants around fields and along roadsides, thus destroying biodiversity.

It is easy to manage stubbles by incorporating them into the field. Farmers, however, do not prefer in-

situ incorporation since the stubble takes time to decompose. There are various ways this may adversely affect wheat productivity, including late wheat sowing and nitrogen immobilization, which results in inadequate nitrogen supply. In combine harvested paddy fields, the Happy seeder is used to sow wheat without removing the straw. It is critical to spread the loose straw uniformly in the field for the happy seeder to work properly. The paddy should be harvested using a combine harvester equipped with the PAU super straw management system (SMS). Paddy Straw Chopper-Spreader is a machine developed by the PAU for chopping and spreading rice straw and stubble in the field. Rotating tillers can be used to mix the chopped straw into the soil after applying a light irrigation. Effective decomposition can substitute for straw burning. Straw decomposition requires cellulose and lignin-degrading microorganisms. By decomposing rice straw, carbon, nitrogen, and other nutrients are recycled back into the soil, restoring soil fertility. Microbial processes may occur both under aerobic and anaerobic conditions. However, aerobic pathways are more critical for most soils than anaerobic ones. Feeding animals with rice residues is an option. Electricity can also be generated from rice residue. Biomass is the fuel used in the thermoelectric plants.

Research conducted by the Department of Livestock Production and Management of the College of Veterinary Sciences of Punjab Agricultural University found that paddy straw can be used as bedding material during winter by farmers. This bedding increases the quality and quantity of milk by providing comfort to the animals, udder health, and leg health. Rice straw is also an ideal raw material for making paper and pulp boards. Paper is also produced from paddy straw combined with wheat straw. Paper mills are already using this technology to meet 60 percent of their energy needs. Paddy straw can also be used as growing medium for mushroom cultivation, including Agaricus bisporus, Volvariella volvacea, and Pleurotus spp. The yield of these mushrooms is 300, 120-150, and 600 g per kilogram of paddy straw, respectively. Mushrooms grown on paddy straw are called paddy straw mushrooms (Volvariella volvacea). A variety of agricultural wastes can also be used to prepare the substrate for growing this mushroom, such as dried banana leaves, water hyacinth, oil palm bunch waste, cotton and wood waste. Composting is a traditional method of preparing organic mat-

ter enriched with beneficial nutrients. The process of composting is a natural breakdown of organic materials involving microorganisms such as bacteria that break down animal waste, crop residues, vegetable waste, and some municipal waste. When decomposition is complete, it can be used as natural organic fertilizer. In addition to its physical, chemical, and biological properties, this natural fertilizer increases soil fertility. Paddy straw produces almost 3.2 tonnes of nutrient-rich FYM per hectare. Agricultural wastes can be converted into biogas for use as an alternative energy source. The main source of lignocellulose for biogas production is crop residues, such as rice straw. Using rice straw as a mulch in the field has so many benefits. Mulching maintains soil moisture, controls weeds, and stabilizes soil temperature, which promotes healthy plant growth. A model of a paddy straw geyser has been developed by the Punjab University that uses straw bales as fuel for water heating in order to properly utilize rice residue.

In November 2015, the National Green Tribunal ordered Delhi and its neighboring states to cease the practice of stubble burning. However, the order had little effect. The Centre approved a scheme worth Rs 1,151 crore aimed at promoting in-situ crop residue management through the provision of subsidized THS machines. There are currently seven plants in operation with a total capacity of 62.5 megawatts. Small and marginal farmers in Punjab were offered a 'stubble-burly' scheme to curb stubble burning with the Under the Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) the District Administration is responsible for providing workers to farmers to dig up the compost pits. Researchers developed perennial rice by hybridizing Asian domesticated annual rice with wild perennial rice from Africa. Taking advantage of modern genetic tools to fast-track the process, the team identified a promising hybrid in 2007, planted large-scale field experiments in 2016, and released the first commercial perennial rice variety, PR23, in 2018. Farmers in China and Uganda have shifted to using long-lived perennial rice that is both high-yielding and cost-effective, and its success has provided us with a good opportunity to ponder the possible benefits of sowing this variety in India and help to solve stubble burning problem since it can be planted once in two years, thus burden of stubble can be reduced.

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How to Crack NDA Entrance Exam without Coaching



By: Vijay GarG

The Union Public Service Commission (UPSC) will conduct the NDA Examination. This exam is conducted two times in a year, i.e. NDA I and NDA II in the Month of April and September.

NDA Entrance Exam

The exam is divided into two parts, first is Written Test and sec-

ond is the SSB Interview.

As admission in Defence Academy would not be easy, hard work is required at every step. Before discussing the preparation tips, let's begin with the first and foremost thing:

So here are the tips on how to Crack the Written Examination:
1. Time and study Management
Before beginning anything, time management and proper study timetable are important.

As you can see, Mathematics is an important part of the written examination, work on your Maths skills. Your basics should be clear and you must be aware with the theorems and formulas of every chapter and topic.

Manage your timetable giving 2 to 4 hours a day for Mathematics, 1 hour of English and 2 hours

of General Knowledge every day.

For Mathematics, your school textbooks are enough. Go according to your school studies of 11th and 12th class and do every question and solved example as many times as you can. Do not leave any question, whether it is easy or difficult.

For English, you can take help of BBC. It is one of the best books to prepare for Grammar, Reading and Writing section of the English exam. Work on your Grammar basics and start from the very beginning - prepositions, verbs, tenses etc.

For the Reading and Writing section, do comprehension and poems and write the letters, notices, stories etc.

For General Knowledge, watch the news on daily basis. Stay aware of what's happening around you and read magazines daily. Read newspapers and read them aloud in front of a mirror which will

help you in the Interview. Learn about India's geographical system through books.

Always add a break after 2 hours of study. Do your favourite thing at this time - play, write, draw - anything. It will keep you refreshed and active.

2. Online content

Browse and collect previous year question papers and solve them. Try to solve the question paper 15 minutes before the finishing time, so that you would have time to revise. This will help you in understanding the exam pattern better and learn which type of questions comes in the exam and how.

Take online mock tests regularly. It will help you stay up to date with your preparations.

3. Diet and exercise

Diet and exercise not only matters in the SSB Interview but also in the preparation of any exam or in your daily life. If you stay

healthy, you would be able to do anything anytime.

Have carbohydrate-rich food and take protein. Eat the maximum amount of food at the breakfast and the minimum amount of food at night.

Add chicken or fish in your regular diet. Milk and oats are important and drink at least 5 to 10 litres of water every day at every hour interval.

Dedicate 30 minutes to exercise in the morning and take a few minutes rest after it. Have a proper diet after the exercise. You can also consider yoga.

PHASE II - SSB Interview

Now comes the most difficult part which is the SSB Interview. Many students are able to crack the written exam but fail to clear the interview.

In the interview, they check your physical strength, confidence, communication skills and what not. They put you through

the toughest of the tasks.

So here are the few points which you must remember during the interview.

1. Maintain Your Health Properly

Maintaining not only your health but also your physical strength is important. The type of diet and exercise and eating routine mentioned above must be followed timely.

Work hard on yourself and you can also join a gym. You can consult a dietician and a personal trainer at the gym to have you through the right type of diet and exercise every day in a better way.

2. Improve Your Communication Skills

Work on your English speaking skills. Reading the newspaper on a daily basis is the best way to improve your English speaking skills.

contd. on page 3

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Meghalaya firing: State delegation to meet Amit Shah on Nov 24



Agency
Shillong, Nov 23:

A delegation of Meghalaya ministers led by CM Conrad K Sangma will meet Union Home Minister Amit Shah on November 24 to demand a CBI or NIA probe into the violence that left six people dead on the state's border with Assam.

The Assam government, however, on Tuesday said it would hand over the investigation into the violence on its disputed boundary with Meghalaya in West Karbi Anglong district to a central or neutral agency.

"We will officially inform him (Shah) about the firing incident that took place in Mukroh village and demand that an investigation be made by a central agency either NIA or CBI," Sangma said after a cabinet meeting here on Tuesday.

An FIR has been regis-

tered in the case and a special investigation team (SIT) headed by DIG of Eastern Range would be constituted to probe the incident, he said, adding that "the same will be handed over to a central agency once approved by the Centre".

"A cabinet delegation will meet the union home minister on November 24," he said.

Sangma also stated that the delegation will also meet the National Human Rights Commission (NHRC) in New Delhi and submit a report on the incident for necessary action.

"The SIT will start conducting the probe, and as when the Centre approves our proposal, the investigation will be handed over to a central agency," he added.

Sangma also said his government also decided to constitute a judicial commission under the Commission of Inquiry Act, 1952 to look into all

the aspects of the incident that took place on Tuesday.

The CM along with Deputy Chief Minister Prestone Tynsong, PHE Minister Renikton Lyngdoh Tongkhar and Minister for Revenue and Disaster Management Kyrmen Shylla will on Wednesday visit Mukroh village where the violence occurred.

"During our visit to Mukroh, we will meet the families of those who have lost their lives and hand over the ex gratia cheques to them," Sangma said.

The CM said he had a telephonic conversation with the Assam chief minister and discussed about the incident.

"During the discussion, I expressed our deep concern about the incident and briefed him about how the situation had led to the violence. I appealed to him that immediate action should be taken against the officials who are

involved or responsible for the firing in Mukroh village," Sangma added.

A policeman and a forest officer, who were allegedly involved in the incident, have been suspended and the SP of West Karbi Anglong district has been transferred by the Assam government, he claimed.

"At the same time, the Assam government will take necessary steps to investigate the matter in consultation with us. They have assured of full cooperation to ensure that justice is done and those who are guilty are punished," the Meghalaya CM said.

Asked whether there will be any joint probe into the incident, the chief minister said, "The discussion will be done, and if necessary, we can explore that option. The cabinet has decided that we will go ahead with the judicial commission."

Responding to a question if the Assam government should also pay compensation to the families of the deceased, Sangma said, "I am of the opinion that it should be done. We are speaking on behalf of our government and going to give the ex gratia."

Meanwhile, the state government has decided to suspend all government programmes, including the laying of foundation stones or inauguration of any project till November 30, as a mark of respect to the departed souls.

"The government of Meghalaya has decided that all festivals across the state will be cancelled," he said.

ICSSR sponsored one day National Seminar "Roles and Responsibilities of HEIs in the effective implementation of NEP-2020" Concludes



IT Correspondent
Bathinda (Punjab), 23:

S.S.D. Girls' College, Bathinda organized an ICSSR sponsored one day National Seminar on 19th November, 2022 on topic "Roles and Responsibilities of HEIs in the effective implementation of NEP-2020" under the theme of "Adazi ka Amrit Mahaotsav".

Prof. R. P. Tiwari (Vice Chancellor, Central University of Punjab, Bathinda) graced the occasion with his presence as Chief Guest of Inaugural session. Programme commenced with the lighting of lamp. President Adv. Sanjay Goyal wel-

comed the chief guest and other dignitaries. Principal Dr. Neeru Garg introduced about chief guest and other distinguished personalities. Prof. R.P. Tiwari expressed his remarkable ideas regarding new ways of education in his inaugural address. Dr. Vishal Goyal (Nodal Officer NEP, Punjab University Patiala) and Dr. Dinesh Chahal (School of Education, Central University of Haryana) delivered their Key-note address. Two parallel technical sessions were chaired by Dr. Vikasdeep (University School of Business Studies Talwani Sabo) and Dr. R. K. Uppal (Principal Baba

Farid College of Management and Technology Deon).

About 150 delegates registered for the seminar from different parts of the country. The seminar concluded with valedictory address by chief guest Dr. Ashwani Bhalla (Deputy Director Higher Education Punjab). Adv. Abhey Singla President SSD Sabha & other executive members and College President Adv. Sanjay Goyal & working committee were present there. Principal Dr. Neeru Garg appreciated the efforts of IQAC coordinator Dr. Anju Garg and her team for organizing this National Seminar.

State Governments, Managements, Teachers, Parents, and Students must work together to implement NEP-2020 - Professor R.K. Uppal

IT Correspondent
Bathinda (Punjab), 23:

Internal Quality Assurance Cell of Shri Sanatan Dharma Girls' College, Bathinda, organized a one-day national seminar on the subject of "Roles and Responsibilities of HEIs in Effective Implementation of NEP-2022," which was approved and funded by ICSSR, New Delhi.

Dr. Rajinder Kumar Uppal, a prolific writer, a Man of Letters, an acclaimed academician, research stalwart, and the more ingenious guide has won accolades not only in the academic field but also in the genre of research. Presently, he is serving in the most exalted institution, Baba Farid College of Management and Technology (Punjab), as a Professor-cum-Principal. He is also visiting Professor in Indus International University, Himachal Pradesh. This dozen of economics hails from a very small town near Bhatinda District in

Punjab. Belonging to a poor and modest joint-family, his entire childhood was full of struggles even for bare necessities, yet he rose to a very high and eminent position in his life because of his eternal passion for knowledge and learning. Dr. Uppal was invited in this seminar as resource person and he chaired one technical session in this seminar. He said why this policy is needed in our country because in our country there is a lack of skill education, poor research base, students are unable to face new global completion, many govt. colleges in Punjab have failed and due to the only degree oriented education there is a brain-drain.

The new education policy will create some skills like critical thinking, creativity, scientific temper, communication skills, collaboration, ethics, social responsibility and digital literacy. NEP-2020 is very flexible and useful document. He emphasized before implemen-

tation of this policy, especially in Punjab, the government should provide the proper infrastructure and human resources in various private and government higher educational institutions. If the policy is implemented with full preparation, it will provide the desired results. Educators, management and implementing authorities should read all aspects of this NEP-2020.

Implementing this policy requires the joint efforts of the state government, teachers, students, parents, and management. It is the responsibility of teachers in higher educational institutions to provide appropriate training in order to implement this policy. The SSD Girls College principal, management, and students organized such a wonderful seminar, which was highly praised by Dr. Uppal. Dr. Anju Garg, Seminar secretary, performed her duties very efficiently. In her closing remarks, Principal Dr. Neeru Garg thanked all delegates.

India logs 360 new cases, 5 deaths in a day

Agency
New Delhi, Nov 23:

India reported 360 new coronavirus infections taking the cumulative tally to 4,46,70,075, while the active Covid-19 cases declined to 6,046, according to the Union Health Ministry data updated on Wednesday.

The death toll climbed to 5,30,596 with five fatalities which includes four reconciled

by Kerala and one death reported from Haryana in the last 24 hours, the data updated at 8 am stated.

The active cases comprise 0.01 per cent of the total infections. A decrease of 163 cases has been recorded in the active Covid-19 caseload in a span of 24 hours.

In India, the Covid-19 recovery rate increased to 98.80 per cent, according to the ministry website.

The number of people who have recuperated from the disease surged to 4,41,33,433, while the case fatality rate was recorded at 1.19 per cent.

According to the ministry's website, 219.87 crore doses of Covid vaccine have been administered in the country so far under the nationwide vaccination drive.

India's Covid-19 tally had crossed the 20-lakh mark on August 7, 2020, 30 lakh on

August 23, 40 lakh on September 5 and 50 lakh on September 16. It went past 60 lakh on September 28, 70 lakh on October 11, crossed 80 lakh on October 29, 90 lakh on November 20 and surpassed the one-crore mark on December 19.

India crossed the grim milestone of two crore on May 4 and three crore on June 23 last year. It crossed the four-crore mark on January 25 this year.

300 militants present in J&K, 160 others waiting to sneak: Army

Agency
Jammu, Nov 23:

Northern Command chief Lieutenant General Upendra Dwivedi today said around 300 militants are present in Jammu and Kashmir, while 160 others are waiting on the launch pads for an opportunity to sneak into this side from across the Line of Control (LoC) in Pakistan.

However, he said, the security situation in the Union Territory has undergone a major change after the abrogation of Article 370 in August 2019 and terrorist activities have been controlled to a large extent.

"Around 300 militants are present in length and breadth of Jammu and Kashmir but we are making sure they are not able to carry out any action," the Army Commander told reporters on the sidelines of platinum jubilee of historic 'Poonch Link-up Day' function in the border district of Poonch.

Asked about the number of militants present on the launch pads in Pakistan, Lt Gen Dwivedi said around 160 militants are present across the Line of Control — 130 in north of Pir Panchal (Kashmir valley) and 30 in south of Pir Panchal. "As per our data, 82 Pakistani militants and 53 local militants are active in the hinterland, while the area of the concern is the criminal activities of 170 others who are not identified," he said.

Reacting to Defence Minister Rajnath Singh's recent statement hinting at retrieving Pakistan-occupied Jammu Kashmir (PoJK), Lt Gen Dwivedi said a Parliamentary resolution exists on the subject, therefore it is nothing new.

On security situation in Kashmir, the Army Commander said it has undergone a major change after the abrogation of Article 370 and the civil administration is doing a great job to

ensure peace and development and making sure terrorism is put on back seat.

"All the trend lines which were there, are coming down (post abrogation of Article 370), to the extent, and today peace and development has taken the Central stage and there is a great space to meet the people's aspirations. The civil administration is doing a great job in occupying that space and making sure that terrorism is put on a back seat," he said.

Asked whether the terrorism has been controlled, he said, "Yes, to a large extent." However, he denounced the targeted and selective killings and said it shows the frustration of Pakistan.

"The people from outside, the neighbouring country, are adopting other means like smuggling pistols, grenades and drugs to carry out minor actions — targeting innocent and unarmed persons who

have come here to earn their livelihood and support the Kashmiris," Lt Gen Dwivedi said.

He said it is very sad that such incidents are taking place but police, security forces and the civilians have come together and decided that they will not allow such acts to happen.

"Whatever is happening is very less and efforts are on to further reduce such types of incidents. Anyone who indulges in such types of misdeeds is getting appropriate responses," Lt Gen Dwivedi said.

Referring to Pakistan, he said when nothing was achieved by sending big weapons and raising the Kashmir issue at UN, OIC (Organisation of Islamic Cooperation) and with other countries, they went for such type of actions like targeting innocents and sending small weapons and drugs.

Contd. from Page 2

How to Crack NDA Entrance.....

Whenever you find a new English word, write it down in a separate notebook with meaning and a sentence made by your own imagination or a situation which you have been through which describes the meaning of that word.

It will help you remember this word.

Read a newspaper or magazine aloud in front of a mirror and pay attention to your body language.

Your body must give the positive vibes with a firm and satisfied smile on your face.

You must not feel panicked and nervous in any way. Stay confident and your body and words will reflect the same.

Tip: If you don't know the answer to a particular question, don't pretend to know or don't think hard about it.

Be firm and let them know that you are unaware of it.

This will reflect your self-confidence and on spot thinking level which is tested in the interview.

SSB Interviews are designed to test you in the

hardest way possible. They will try to give you situations about anything and you must think of a way out of it.

For this, you can consider going through different and any type of pictures online and generating an imaginary story behind it.

Real hard work and creativity is required to crack SSB Interview but believe that you can do it because after all, the interview is all about testing your confidence level.

All the best.

Need a Chief Election Commissioner who can even take action against Prime Minister: Supreme Court

Agency
New Delhi, Nov 23:

The Supreme Court on Wednesday said that the country needs a Chief Election Commissioner who can even take action against the Prime Minister.

A five-judge Constitution bench, headed by Justice KM Joseph said, "Suppose for example, there is some allegation against the prime minister and the CEC has to act. But the CEC is weak-kneed. He does not act. Is it not a complete breakdown of the system?"

"The CEC is supposed to be insulated from political influence and should be independent. These are aspects on which you must delve into...why we require an independent larger body for selection and not just cabinet," the apex court said.

Several committees have said there is a dire need for changes...politicians also shout from the roof tops, but nothing happens, the SC bench noted.

The latest observation of the Supreme Court comes a day after it said that a CEC of

strong character like late TN Seshan is needed.

A five-judge Constitution bench, headed by Justice KM Joseph and also comprising Justices Ajay Rastogi, Aniruddha Bose, Hrishikesh Roy and CT Ravikumar, said that its endeavour is to put a system in place so that the "best man" is selected as the CEC.

"There have been numerous CECs and TN Seshan happens once in a while. We do not want anyone to bulldoze him. Enormous power has been vested on the frag-

ile shoulder of three men (two ECs and the CEC). We have to find the best man for the post of CEC. The question is how do we find that best man and how to appoint that best man," the bench said.

During Tuesday's hearing the SC bench pointed out that no CEC has completed the six-year tenure since 2004.

On November 17, 2022, the Centre had vehemently opposed a batch of pleas seeking a collegium-like system for the selection of CECs and ECs.

Don't take people for a ride: Naga civil society groups to PM

Courtesy: NE Now
Dimapur, Nov 23:

The Conference of the Civil Society Organisations of Nagaland said neither the government of India nor the Naga negotiators should take the people for a ride, saying 25 years of political negotiation is a long time to resolve the Naga issue.

In a representation to Prime Minister Narendra Modi dated November 18, which was made available to the media on Tuesday, 10 civil society organisations of the state said: "If 25 years of investment on peace process cannot bring out any solution, we see no reason as to why it cannot be recalled and let the people decide their own destiny."

According to them, there can never be a better opportunity for the Centre to resolve the decades-old Naga political issue than "what is now at the disposal of the Naga negotiators".

The representation stressed that it is imperative to elicit the ground realities that the 25 years of negotiation have taken an immense toll on the people of Nagaland in particular.

"By any standard, be it physical developments or be it the wellbeing of the citizens, Nagaland has retrogressed by decades under the weight of elongated negotiations," it said.

They urged the PM not to further delay the result of the negotiations. They also appealed to him to give a call to the negotiators to respond as it is time for any negotiator to take it or leave it.

The representation further said when any Naga political group is given a further extension of ceasefire, the Centre should provide fund for its maintenance as the public of Nagaland are no longer capable to bear the brunt of inordinate negotiations indefinitely.

On their part, the civil society organisations assured that they are ever ready to welcome the solution which is in the interest of both India and the Nagas.

They acknowledged the "relentless initiatives" of the PM which alone could bring the political negotiations between the Centre and the two Naga negotiators to the level of inclusiveness and its dynamical completion of the formal talk on October 31, 2019.

The representation added that the people of Nagaland believe that the process of negotiations during the last quarter of century has bridged the gaps, the contours of contentions levelled and left nothing unturned except the signing of the agreement.

The organisations also said should the negotiations become a fiasco, despite the stupendous sacrifices of the public of Nagaland, it can only rub salt to the injury.

Gujarat Assembly polls: BJP suspends 12 rebel leaders for contesting against party

Agency
Gandhinagar, Nov 23:

The Bharatiya Janata Party on Tuesday suspended 12 rebel leaders for filing nominations against party candidates for the second phase of the Gujarat Assembly elections, reported *The Indian Express*.

The development took place two days after the party had suspended seven leaders, including two former MLAs, for filing nominations as independent candidates for the first phase of Assembly elections that is slated for December 1.

The 12 leaders decided to contest the elections against the BJP candidates after the saffron party refused to give them tickets, reported ANI. The MLAs have been suspended for six years for indulging in anti-party activities, state BJP president CR Paatil said.



The party has suspended Dinesh Patel from the Padra Assembly constituency, Madhu Shrivastav from Waghodia and Kuldeep Singh Raulji from Savli.

Raulji joined the Congress in October and is now its candidate from Savli. He will con-

test the election against the two-term MLA and BJP candidate Ketan Inamdar. Meanwhile, two-term MLA Dinesh Patel and six-term MLA Madhu Shrivastav had already resigned from the party to file their nominations as independents, reported *The In-*

dian Express.

The BJP also suspended Khatu Pagi, who is contesting as a Congress candidate from Sehra in Panchmahal district, while in Lunawada in Mahisagar, the party suspended SM Khant and JP Patel.

Assam Rifles organised Medical Camp in Sajik Tampak

IT News
Imphal, Nov 23:

Sajik Tampak Battalion under aegis of HQ IGAR (South) conducted a medical camp at Sajik Tampak, Chandel District today.

The camp was org under "Assam Rifles Civic Action Programme 2022-23". A total of 273 patients were examined by a team of doctor and trained Para-medical staff for various ailments and medicines were also provided to the patients as per requirement during the camp. The camp aimed to provide free medical treatment and



consultation to the villagers of Sajik Tampak and nearby villages in the Chandel district where medical facilities are not available due to the remoteness of the location.

Apart from providing medical assistance and medicines, advice on hygiene, sanitation and awareness about lifestyle diseases were also imparted to the villagers.

Sports

FIFA World Cup:

Saudi Arabia stun Messi's Argentina 2-1, France thrash Australia 4-1, Mexico play goalless draw with Poland, Tunisia stall Denmark

Agency
Doha, Nov 23:

Saudi Arabia did the unthinkable to pull off one of the biggest upsets in World Cup history as the Green Falcons stunned Lionel Messi-led Argentina 2-1 in their World Cup 2022 Group C opener in Doha on Tuesday. Herve Renard's men used every ounce of their energy in a spirited display to script one of the greatest victories by an Asian nation in the biggest football carnival.

The Lusail Stadium hosted the game in a remarkable atmosphere, with thousands of Saudis crossing the border to support their team, joining Argentina's customarily large and boisterous fan base.

Argentina were on course to equal Italy's record unbeaten run of 37 games after the mercurial Messi opened his fifth and final World Cup with a 10th-minute penalty. Messi scored the penalty against Saudi Arabia after a video review spotted a foul before Argentina had three goals disallowed. Messi, 35, beat Saudi goalkeeper Mohammed Al-Owais on a breakaway, but that goal, as

well as two others by his teammate Lautaro Martinez, were ruled offside.

But La Albiceleste were stunned in the second half when Saudi Arabia scored two goals in five minutes to take a 2-1 lead in Qatar. Saleh Al-Shehri leveled for Herve Renard's side minutes after halftime with a low shot before Salem Al-Dawsari curled in a brilliant strike from the edge of the penalty area to give Saudi Arabia the lead.

In another match France started their World Cup title defence in style with a 4-1 comeback win against Australia on Tuesday, with Olivier Giroud scoring two goals to become Les Bleus' joint all-time top scorer.

Giroud netted before and after the break to take his tally to 51 goals, matching Thierry Henry's mark. He scored either side of a Kylian Mbappe goal after Adrien Rabiot had levelled for France following Craig Goodwin's shock early opener.

Les Bleus are the first defending champions to win their opening match since Brazil in 2006, which has already put them in a good position to ad-



Olivier Giroud scored a brace as France made a winning start to their World Cup title defence.

vance from the group phase, something Italy in 2010, Spain in 2014 and Germany in 2018 failed to do.

France, whose defender Lucas Hernandez was ruled out of the World Cup after picking up a serious knee injury in the first half, have three points and lead Tunisia and Denmark by two after they played out a 0-0 draw on Tuesday.

Robert Lewandowski's

second-half penalty attempt was saved by Mexico goalkeeper Guillermo Ochoa, leaving Poland to settle for a 0-0 draw Tuesday at the World Cup.

It was Lewandowski's first penalty miss for the national team. Poland's all-time leading scorer with 76 goals remains without a World Cup goal.

Lewandowski was awarded the penalty following a VAR review after Hector

Moreno got hold of his shirt and pulled him down. Ochoa, playing in his fifth World Cup, came up yelling in celebration after his stop, sending the crowd into chants of "Memo!"

While Mexico dominated possession, Poland goalkeeper Wojciech Szczesny turned away all three of El Tri's shots on goal.

The scoreless draw was a good result for Argentina, which was upset by Saudi

Arabia 2-1 in an earlier Group C match. The Argentines, led by Lionel Messi, were widely considered to be the favourites to advance.

Mexico has made it to the knockout round in the last seven World Cups, but the "quinto partido," or fifth game, has eluded the team. El Tri's best showing at the World Cup was reaching the quarterfinals in 1970 and 1986 as hosts.

Poland was making its second straight World Cup appearance. The team was eliminated in the group stage in 2018.

Jorge Sanchez had a good chance for Mexico in the 44th minute but Szczesny, who plays for Juventus, pushed it over the crossbar.

It was Ochoa's denial of Lewandowski, who moved from Bayern Munich to Barcelona this season and has 13 goals in 14 appearances, that brought the stadium filled with mostly green jerseys to their feet.

Tunisia earned a massive point against Euro 2020 semi-finalist Denmark in a 0-0 draw to open up Group D play.

After nothing two wins against France in the UEFA

Nations League this year, Denmark entered the 2022 World Cup with its sights set on a deep run at a major tournament, but Tunisia had plans of its own.

Tunisia was clearly the more energetic side to start the match, and in the 11th minute, it nearly struck an early goal when Mohamed Dräger's shot took a massive deflection that just flew wide of the post as Denmark keeper Kasper Schmeichel stood and watched.

In the 22nd minute, Denmark had its most dangerous chance yet with an out-swinging free kick from a dangerous position, but Christian Eriksen's sharp cross was directed wide by Tunisia. For Eriksen, Tuesday's game was the realization of his goal to return to the World Cup after having collapsed and suffered cardiac arrest on the field at the Euros.

In the 33rd, Pierre-Emile Hojbjerg sent a dangerous shot through a crowd from distance that challenged the Tunisia keeper, but the Spurs midfielder appeared to be too far from goal to open the scoring.